

How to Use a Automated External Defibrillator (AED)



Hands Only CPR/PAD

- **Witnessed sudden collapse - Take Charge!**
- **Victim appears lifeless! (gasping breath, unable to wake, and turning blue)**



Call 911

- **Inform 911 that you believe the victim is suffering from sudden cardiac arrest and give your address (include street, name, number and region/county) and return phone number.**



Compressions

- Place your hands in the center of the chest and push hard and fast.
- Perform 100 compressions per minute and depress the victim's chest 5 cm (2 inches)
- Don't stop until the Public Access Defibrillator or professional help arrives!!
- Perform Mouth to Mask Ventilation with CPR only when a barrier device is available! Otherwise provide Hands Only CPR (no ventilations!!)



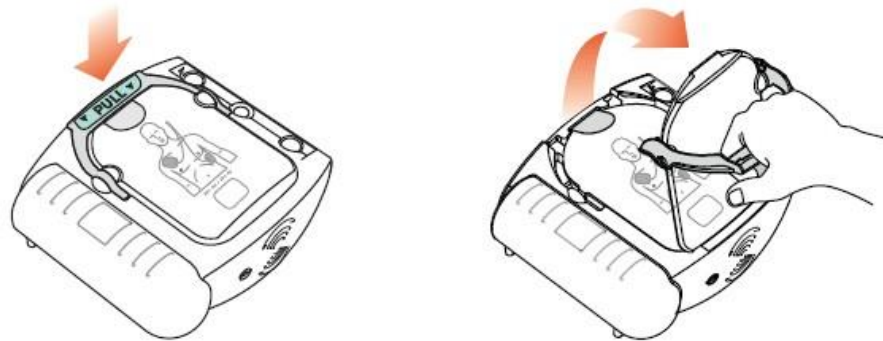
Send Someone for a AED



AED Arrives!

DETAILED INSTRUCTIONS

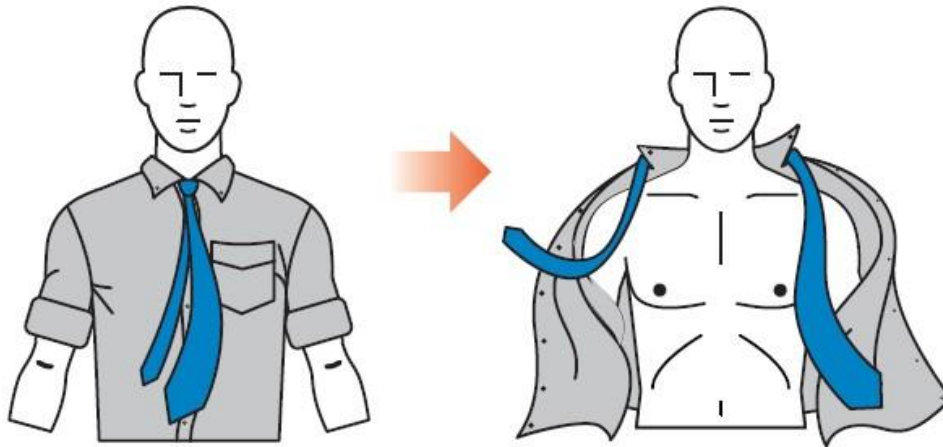
To start: Pull handle. Remove protective cover.



1

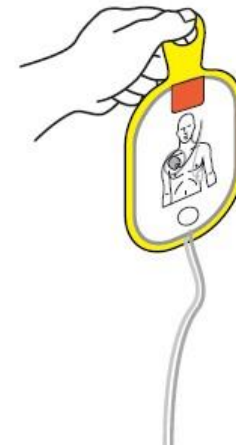
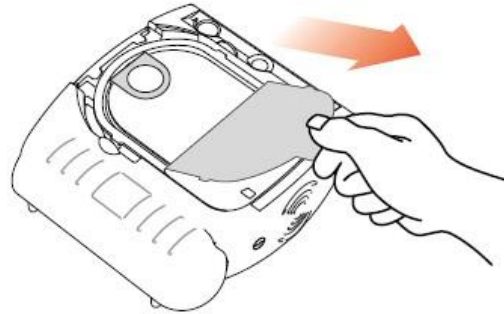
Prepare the Victim

Remove all clothes from victim's chest.
Clean and dry skin, if needed.



Get the pads out

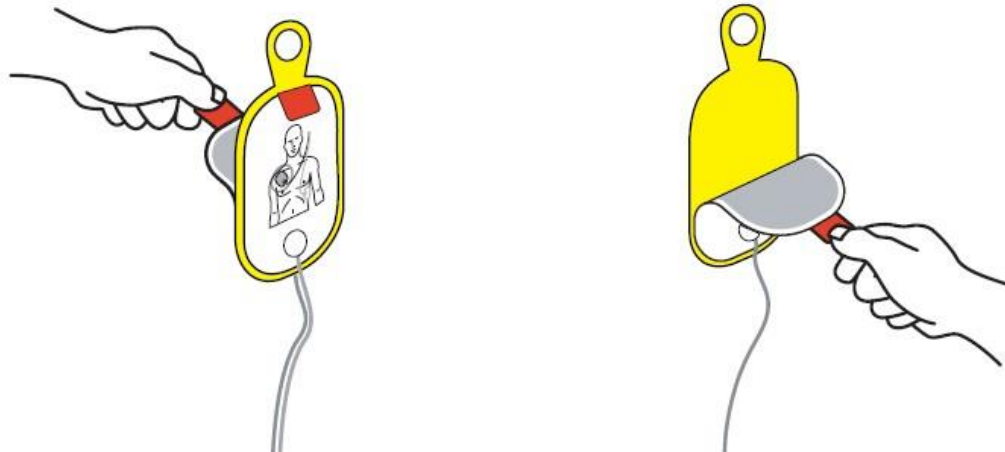
Peel off film seal and remove pads.



3

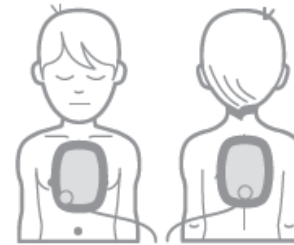
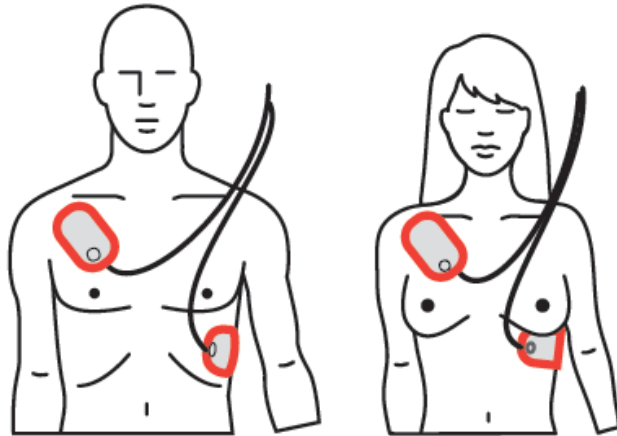
Prepare pads for placement

Peel each pad from yellow plastic liner.



Place pads as illustrated

Place pads exactly as shown in the picture.

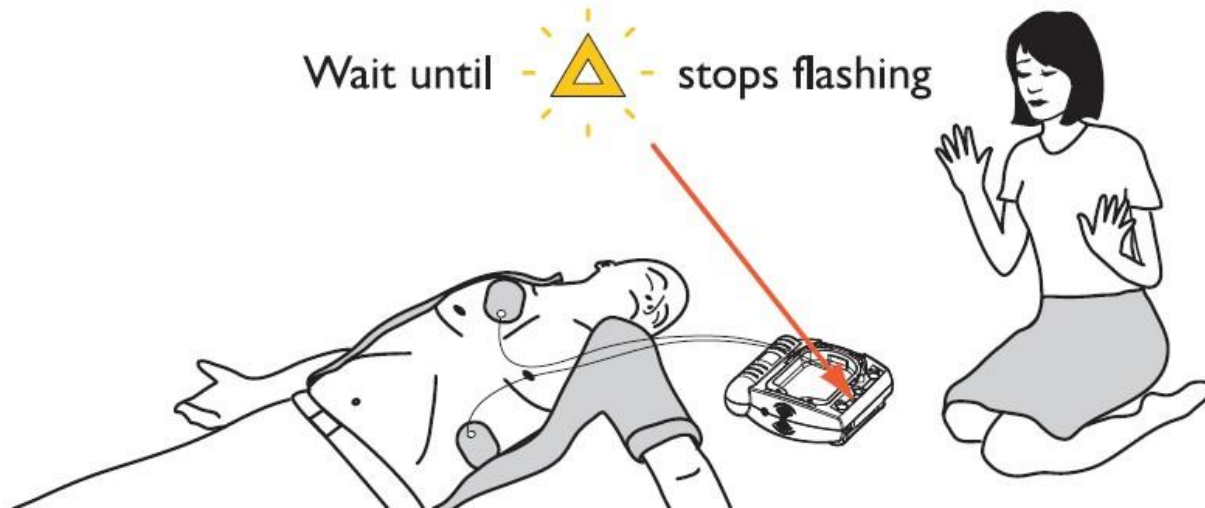


(0-8 YEARS) < 55 lbs/25 kg

5

When advised stay back

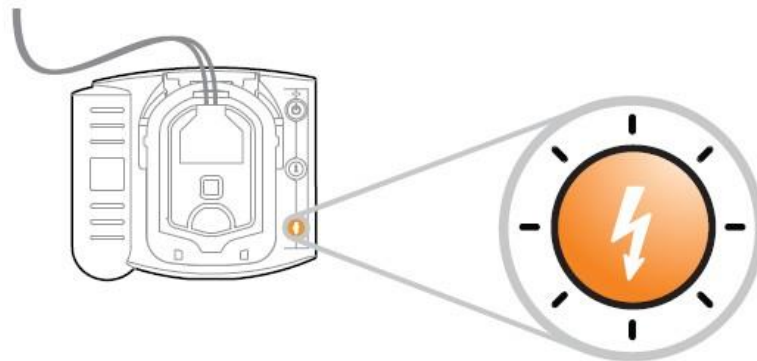
Analyzing ... Do not touch the patient!



6

Press to shock

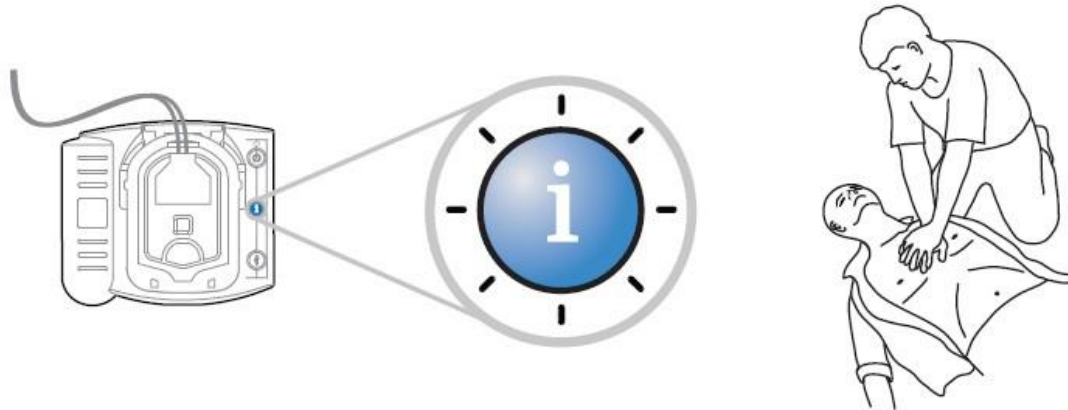
To shock: Press flashing **ORANGE** shock button.
Do not touch patient.



7

Help is available

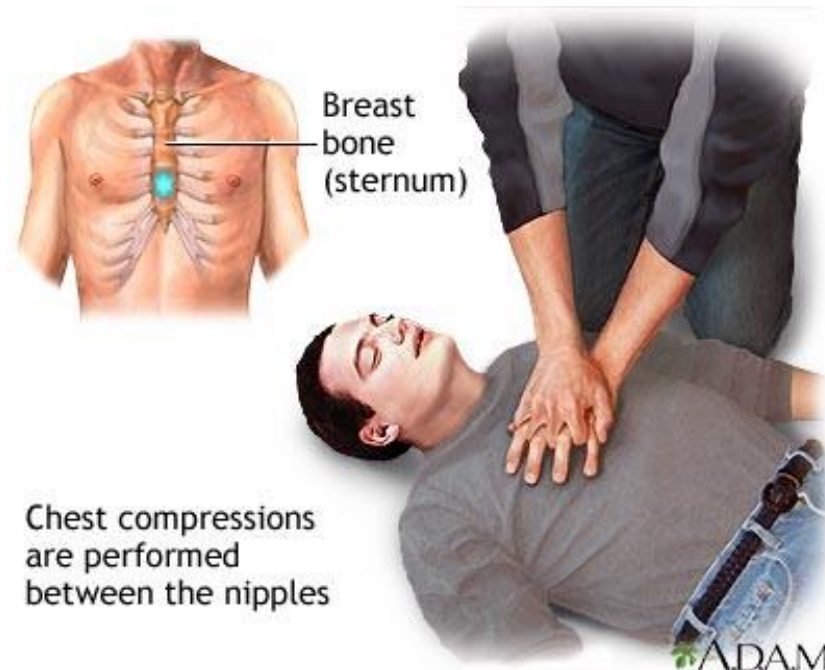
To get help with CPR: Press flashing **BLUE** button.



30 compressions • Pinch nose, tilt head • 2 full breaths

8

Continue CPR



Don't stop until professional help arrives!!



Listen to AED prompts



Thank you for learning a lifesaving skill!



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