

Freda Kelly's Tea Biscuits

Fenelon Falls, Ontario

Every year, Maryboro Lodge celebrates their community heritage by offering a formal Afternoon Tea. With talented pianists that join on the first piano in the Village of Fenelon, a 1868 Chickering Square Grand, this event is perhaps one of the longest running social traditions in Fenelon Falls.

Maryboro Lodge was built in 1837 making it one of the oldest buildings in Kawartha Lakes. It was first built as a country estate for James Wallis, an entrepreneur, business man and lay minister (before a minister arrived in Fenelon Falls), who arrived in Canada, from County Cork, Ireland in 1834.

Recipe

Maryboro Lodge Collection

In a small bowl, mix:

1/2 tsp. baking soda in

1 cup buttermilk (or sour milk)- set aside

In a separate bowl, combine:

2 cups all- purpose flour

1/4 cup sugar (optional)

2 heaping tsp. baking powder

1/2 tsp. salt

1/4 cup shortening (blending with a pastry blender)

Mix liquid with dry ingredients until just combined and roll out.

Cut into biscuits.

Cook for 10 minutes in 450 degree oven.

